



## Resource List - High School

### APPS:



Sex Positive  
(Know Your  
Risk)



Sexual  
Education



Period  
Tracker

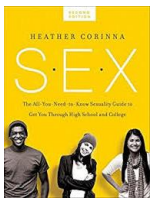


Period Diary



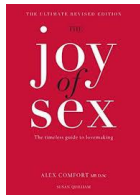
My Days

### Books:



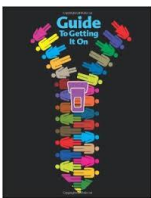
"S.E.X.: The All-You-Need-to Know"

*by Heather Corinna*



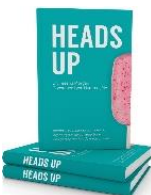
"Joy of Sex" (available through the V.I.R.L.)

*by Alex Comfort*



"The Guide to Getting It On" (V.I.R.L.)

*by Paul Joannides*



"Heads Up"

*by Dr. Teesha Morgan & Constance Lynn Hummell, MA*



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### Websites:

**amaze**

Amaze takes the awkward out of sex ed. Real info in fun animated videos that give you all the answers you actually want to know about sex, your body and relationships

[amaze.org/](http://amaze.org/)

Tristan Taormino  
• feminist • author • educator • activist •

Tristan Taormino  
feminist author educator activist

[tristantaormino.com/](http://tristantaormino.com/)



Cindy Gallop

[youtube.com/watch?v=FV8n\\_E\\_6Tpc](https://www.youtube.com/watch?v=FV8n_E_6Tpc)



The Sex Education Show

[www.channel4.com/programmes/the-sex-education-show/](http://www.channel4.com/programmes/the-sex-education-show/)



TRANS CARE BC  
Provincial Health Services Authority

**THiP** Transgender Health  
Information Program

Transgender Health Information Program

<http://transhealth.phsa.ca/>



ASAP Science

[youtube.com/user/AsapSCIENCE](https://www.youtube.com/user/AsapSCIENCE)



Sexplanations

[youtube.com/user/sexplanations](https://www.youtube.com/user/sexplanations)

**QMUNITY**






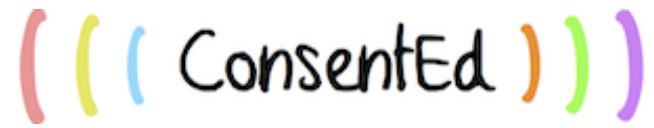
BC'S QUEER RESOURCE CENTRE

Qmunity BC's Queer Resource Centre

<http://qmunity.ca/get-support/youth/>



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 <p>1-800-sex-sense line (1-800-739-7367) A free, confidential sexual health referral &amp; information service open MON to FRI 9 am - 9 pm <a href="http://www.optionsforsexualhealth.org">www.optionsforsexualhealth.org</a></p>	 <p>Talk Sex with Sue Johanson <a href="http://www.talksexwithsue.com/home.php">www.talksexwithsue.com/home.php</a></p>
 <p>Advice, articles, message boards regarding any topic related to sexual health education <a href="http://www.scarleteen.com">www.scarleteen.com</a></p>	 <p>A safe, private place for teens who need honest, accurate information &amp; advice about health, emotions, &amp; life. <a href="http://kidshealth.org/teen/sexual_health/">kidshealth.org/teen/sexual_health/</a></p>
 <p>Videos, games and apps, information on any topic related to sexual health education <a href="http://www.sexandu.ca/">www.sexandu.ca/</a></p>	 <p>We all deserve a world without sexual violence <a href="http://www.consented.ca/">www.consented.ca/</a></p>

**Phone:**

**1-800-sex-sense line  
1-800-739-7367**

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