

Recommended Books for Children on the Spectrum

Sexual Health

Changes in You and Me by Paulette Bourgeois and Kim Marty

Making Sense of Sex by Sarah Attwood

*Socially Curious and Curiously Social by Michelle Garcia Winner and Pamela Crooke

Taking Care Of Myself: A Hygiene, Puberty and Personal Curriculum for Young People with Autism by Mary Wrobel

Parents

Girls Growing Up on the Autism Spectrum: What Parents and Professionals Should Know about the Pre-Teen and Teenage Years by Shana Nichols

Puberty and Sexuality for Children and Young People with Learning Disability – The Children’s Learning Disability Nursing Team, Leeds <http://www.sexualhealthsheffield.nhs.uk/resources/pubertyandsexualitypack.pdf>

Responding to Children’s Problem Sexual Behaviour in Elementary Schools – A Resource for Educators (Ministry of Education)

<http://www.bced.gov.bc.ca/sco/resourcedocs/probsexbehave.pdf>

Sexuality and Disability: A Guide For Parents

http://www.teachingsexualhealth.ca/media/pdf/Sexuality_Developmental_Disability.pdf

Teaching Children with Down Syndrome About Their Bodies, Boundaries and Sexuality by Terris Couwenhoven

Websites

*www.socialthinking.com