

Grades 4 - 6

Resource List

Books and websites for Grades 4 - 6

Books for Grades 4 - 6

"Boys, Girls and Body Science: A First Book
About the Facts of Life"

by Meg Hickling

"How Did I Begin?(story book)"

by Mick Manning and Brita Granstrom

"It's Not the Stork: A Book About Girls, Boys,
Babies, Bodies, Families and Friends"

by Robie H. Harris

"It's So Amazing: A Book About Eggs, Sperm,
Birth, Babies, and Families"

by Robie H. Harris

"Puberty: Coming to a Body Near You"

by Kerri Isham

"The Care and Keeping of You: The Body Book
for Girls"

by Valorie Lee Schaefer

"What's Happening to Me?"

by Peter Mayle

"What's the Big Secret? Talking About Sex with
Girls and Boys"

by Laurie and Marc Brown

"Where Did I Come From?"

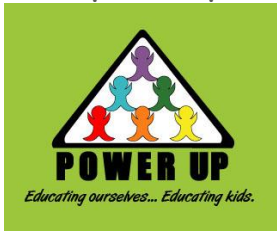
by Peter Mayle

Magazines for Girls

www.discoverygirls.com (8+)

www.newmoon.org (8+)

www.girlworks.ca



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Books for Pre-teens/Teens

"Boy's Guide to Becoming a Teen"	by Kate Gruenwald Pfeifer
"Girls Guide to Becoming a Teen"	by Kate Gurenwald Pfeifer
"Hair, There, and Everywhere"	by: A Book About Growing Up by Jacqui Bailey
"Have You Started Yet?"	by Ruth Thomson
"It's Perfectly Normal: Changing Bodies, Growing Up, Sex and Sexual Health"	by Robie H. Harris
"Puberty: Coming to a Body Near You"	by Kerri Isham
"The Boy's Body Book: Everything You Need to Know for Growing Up You"	by Kelli Dunham
"The Boy's Body Guide"	by Frank C. Hawkins
"The Facts of Life"	by Jonathon Miller
"The Girl's Body Book: Everything You Need to Know for Growing Up You"	by Kelli Dunham
"The Period Book: Everything You Don't Want to Ask (But Need to Know)"	by Karen Gravelle
"Understanding the Facts of Life"	by Susan Meredith
"What's Happening to Me?"	by Alex Frith
"What's Happening to Me?"	by Susan Meredith

Websites for Pre-Teens/Teens

<http://www.powerupworkshops.ca/facts.html> (fact sheet)

<http://www.powerupworkshops.ca/links.html> (books and websites)

<http://www.bbc.co.uk/science/humanbody/body/index.shtml?lifecycle> (interactive site)